

LA TRAVEL

MAGAZINE

CHANEL
WEST COAST

FROM LA
LOCAL TO
COASTAL
COWGIRL



CONTENTS

INDULGE EDITION



We are thrilled to feature Los Angeles native and multi-hyphenate talent Chanel West Coast on page 38. Best known for her years on television and her larger-than-life personality, Chanel is entering an exciting new chapter, one that blends music, motherhood, entrepreneurship, and her growing presence in the country music world. During our cover shoot at Maison Twenty Seven in Santa Monica, she brought an infectious energy, authenticity, and effortless California style that perfectly captured the spirit of summer.

In this candid conversation, Chanel reflects on growing up in Los Angeles, her transition from reality television to country artist, the inspiration behind her swimwear brand Coasty Swim, and what's next as she continues to build a life and career on her own terms. Join us as we get to know the woman behind the headlines, creative, ambitious, and undeniably a coastal cowgirl.



In this issue,

In this issue, we take you from the sun-drenched shores of Santa Barbara and the wellness-focused retreats of La Quinta to unexpected mountain escapes in New Hampshire and unforgettable adventures in Cabo. Along the way, our writers uncover standout destinations across Texas, discover luxurious staycation-worthy experiences throughout Southern California, and share the hotels, restaurants, and hidden gems worth adding to your travel list this season. You'll also find wellness-inspired features, vacation-ready beauty trends, and culinary discoveries that celebrate the art of living well. Whether you're planning an international adventure, a weekend getaway close to home, or simply searching for inspiration for your next escape, this issue is designed to help you make the most of summer, and every journey that comes with it.

LETTER FROM THE EDITORS'

As summer settles in and longer days invite us outdoors, this issue is all about embracing the spirit of exploration, whether that means discovering a hidden gem close to home or setting off on an adventure halfway around the world. From coastal escapes and wellness retreats to mountain hideaways and international journeys, these pages are filled with inspiration for making the most of the season.

We're excited to feature Chanel West Coast as our summer cover star. While many know her from television and music, we discovered a different side of Chanel during our time together at Maison 27 in Santa Monica. Energetic, authentic, and refreshingly down-to-earth, she opened up about her love for Los Angeles, her evolution into country music, and the coastal lifestyle that continues to inspire both her personal brand and her growing swimwear company. Her effortless blend of California cool and entrepreneurial spirit made her the perfect face for this issue.

This season, we're also celebrating the beauty of staying close to home. From a rejuvenating escape at Spa Rosa in La Quinta to sun-soaked days in Santa Barbara, we're highlighting destinations that prove you don't always need a long-haul flight to feel worlds away. Sometimes the most memorable summer moments are found right in our own backyard.

Of course, our travels didn't stop there. This issue takes readers far beyond Southern California, with our writers venturing everywhere from Texas to Cape Town in search of unique experiences, remarkable hospitality, and the stories that make travel so transformative. *One of our favorite discoveries this season was a charming mountain retreat in New Hampshire, a refreshing reminder that summer travel isn't always about beaches and bustling resort towns. Surrounded by scenic landscapes and fresh mountain air, it offered a completely different kind of escape.*

You'll also notice a shift in how we're approaching international travel this year. While much of the travel world continues to chase the classic European summer, we've decided to take a different route. Instead of battling the record crowds filling destinations across Italy, France, Greece, and Spain, we're setting our sights on Morocco this summer, where vibrant culture, incredible cuisine, luxurious riads, and unforgettable landscapes await. Closer to home, destinations like Cabo continue to prove why they remain perennial favorites for a quick and effortless getaway.

Don't worry, we're not skipping Europe entirely. We're simply saving it for later. This fall, we'll be heading across the Atlantic to explore some of our favorite European destinations after the peak-season crowds have thinned, allowing for a more relaxed and immersive experience. Sometimes the best travel decision isn't just where you go, but when you go.

Throughout this issue, you'll also find inspiration for elevating your own adventures, from wellness-focused experiences and luxurious spa escapes to standout dining destinations, stylish stays, and insider recommendations designed to help you travel deeper and travel better.

As always, our goal is to inspire curiosity, celebrate exceptional experiences, and encourage you to see the world—whether it's around the corner or across an ocean, with fresh eyes. Wherever this summer takes you, we hope these stories inspire your next adventure.

Here's to sunshine, discovery, and a season well traveled.

Jennifer McLaughlin
JENNIFER MCLAUGHLIN
EDITOR-IN-CHIEF

Michael Dunn
MICHAEL DUNN
EXECUTIVE EDITOR

THE LAKE ESTATE

NEW HAMPSHIRE

There are destinations that impress at first glance and then there are those that quietly recalibrate your sense of what luxury should feel like. At The Lake Estate on Winnisquam, set along the tranquil shores of Lake Winnisquam, the experience unfolds with a sense of ease and intention, where expansive natural beauty meets thoughtful design at every turn. It's a place where mornings begin with still water and soft light, and each detail from lakeside living to immersive wellness, feels not just elevated, but deeply considered.







Set along the crystalline expanse of Lake Winnisquam, The Lake Estate on Winnisquam introduces a rarified expression of luxury to New Hampshire, one that feels both composed and deeply attuned to its surroundings. Opened in September 2025, the property occupies 36 sweeping lakefront acres, with 3,400 feet of natural shoreline and uninterrupted views of the Belknap and Ossipee mountain ranges. The scale is expansive, yet the experience remains intimate, shaped by a deliberate interplay between landscape and design that never competes with its setting.

The sense of arrival is immediate and quietly arresting. The lake holds your attention with its shifting tonalities, from pale morning light to a deeper, reflective blue as the day unfolds. The surrounding grounds feel purposeful rather than ornamental, reinforcing a rhythm that encourages stillness and presence. That sense of space extends across an expansive lakefront lawn anchored by an infinity pool and hot tubs, where the horizon seems to dissolve into the water itself. Just beyond, two groomed private beaches offer a more tactile connection to the shoreline, inviting slow afternoons that feel both secluded and effortless.

The estate's outdoor programming reveals itself gradually. Walking and running trails wind through the property, leading to quiet moments of discovery including a pristine lakeside preserve that feels untouched and contemplative. Elsewhere, guests move between thoughtfully designed spaces: an apple orchard that shifts with the seasons, a meditation garden that encourages pause, and three outdoor firepits that become natural gathering points as the evening sets in.

The guest rooms translate this ethos into a lived experience. Many open to private balconies that frame uninterrupted views of the water, creating a constant visual dialogue between interior and landscape. The design language is disciplined and assured. Dark wood furnishings provide structure and permanence, while a palette of layered blues and muted greens draws directly from the environment beyond the windows. There is a quiet sophistication in the detailing, from tailored upholstery to quilted bedspreads that reference regional textile traditions with restraint rather than nostalgia. Across the property, this warmth is echoed in subtle ways, one of many fireplaces flickering in shared spaces and suites alike, reinforcing a sense of comfort that feels intentional rather than indulgent.

The imagery of the rooms reveals a careful attention to proportion and materiality. A polished writing desk paired with a deep blue leather chair introduces a sense of purpose, while brass picture lights cast a warm, deliberate glow over landscape artwork that echoes the terrain outside. Seating areas are composed for comfort and contemplation, with textured armchairs softened by muted blue accents. Even the carpeting, rendered in a subtle geometric pattern, grounds the space without distraction.



Photos Courtesy of The Lake Estate on Winnisquam



Bathrooms are conceived with equal precision. A walk-in glass enclosed shower reveals immaculate white tilework, its simplicity elevated by exacting craftsmanship. Hexagonal stone flooring introduces tactile contrast underfoot, while the vanity balances utility with elegance. Lighting is warm and flattering, and the inclusion of Natura Bissé toiletries reinforces the estate's commitment to curated, high-quality amenities.

Wellness at the estate is expressed through The Spa at The Lake Estate on Winnisquam, a 5,300-square-foot sanctuary situated on the lobby level. Conceived as a world-class retreat, it draws directly from the natural environment, with the restorative presence of the lake shaping each guest's journey. The space encompasses eight treatment rooms, including two dedicated couples suites, alongside men's and women's saunas and a serene relaxation lounge overlooking the orchard. A 1,500-square-foot terrace extends the experience outdoors, where a year-round heated mineral pool, meditation garden, and fire pit create an atmosphere of calm continuity with the landscape.

The treatment philosophy is both immersive and highly considered. Nature-inspired therapies incorporate locally sourced minerals and botanicals, grounding each experience in a sense of place. Signature oils, lotions, and body treatments by Connecticut-based Wild Air Skincare reflect the essence of New England, from crisp apple notes to pine and wildflower aromatics.

The spa also offers ZENTS Bespoke massages, facials, and body therapies, alongside wellness practices that extend beyond the traditional sound therapy, forest bathing, mindful sleep rituals, and meditation. Technological innovation is seamlessly integrated, with advanced Lemi massage beds enhancing relaxation through vibro-acoustic technology and chromotherapy. Treatments can extend outdoors in private settings, while in-room and seasonal cabana services allow for further personalization.

Beyond treatments, the wellness experience continues with a full-service salon offering blowouts, nails, makeup, and bridal services, an ideal complement for weddings or special occasions set against the lake. The estate further elevates its sense of place through Floral Designs by Adele Rose, an in-house florist whose arrangements subtly weave through the property, reinforcing the connection between interior spaces and the natural environment outside.

Dining at the estate is equally considered. Under the direction of Chef Chris Viaud, a two-time James Beard Foundation nominee and Top Chef alumnus, the culinary program reflects both precision and creativity. The Dining Room, modeled after a grand lake estate, is defined by floor-to-ceiling windows that draw the landscape into the experience. The menu unfolds with balance and intention, from visually striking deviled eggs accented with beet to a composed seasonal beet salad.





The beer and cider braised short rib delivers depth and tenderness, while the bolognese offers a classic richness that feels both comforting and exacting. Dessert, a coconut chocolate cake, provides a layered and indulgent conclusion without excess.

The bar program complements the dining experience with cocktails that are thoughtfully constructed and quietly inventive, while breakfast maintains the same level of care, offering a composed and unhurried start to the day.

Additional experiences reinforce the estate's multidimensional appeal. A wine cellar hosts curated tastings and intimate dinners, positioning wine as an integral part of the property's narrative. The Granite Theater introduces a sense of cultivated nostalgia, where nightly screenings are paired with a complimentary concession pantry, creating an atmosphere that feels both elevated and familiar.



For those seeking activity, the estate offers a more dynamic side as well, with pickleball courts and a tennis court set within the landscape, balancing recreation with the property's otherwise serene tone. The Fitness Center, outfitted with state-of-the-art equipment and panoramic lake views, continues that theme—ensuring wellness extends beyond the spa in a way that feels integrated rather than obligatory.



Outdoors, a wooded trail traces the lake's edge, offering a more contemplative engagement with the landscape. It is here that the estate's philosophy becomes most apparent. Luxury is not defined by spectacle, but by access—to stillness, to beauty, and to an environment that feels both expansive and deeply personal.

The Lake Estate on Winnisquam succeeds through intention and clarity of vision. It offers a composed, immersive experience that elevates expectations of luxury in New Hampshire—not through excess, but through precision, authenticity, and an unwavering sense of place.